



Noel R. Williams, M.D.

## **INSTRUCTIONS For URODYNAMIC STUDY**

Your physician would like you to have a Urodynamics Study on your bladder. This is a special study that looks at the function of your bladder and urethral sphincter (the muscle we use to hold urine.) This study assists your physician in determining what type bladder dysfunction you have and what treatment options are best for you.

It is important that we have the history of your urinary tract behavior so please complete the attached questionnaire and bring it with you when you come for your study.

We request the following:

1. This is not a fasting study but do not eat a large meal prior to the study.
2. Please drink 2 glasses of liquid 1 hour before your study. Do not empty your bladder before you arrive.
3. We need your lower bowel empty for the study. If you have a bowel movement each morning, no preparation is needed. If not, a laxative, suppository or enema should be used.

Please feel free to call our nursing staff at 715-4496 between 8:30 AM and 4:30 PM with any questions or additional information.

Thank you.



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## PATIENT QUESTIONNAIRE

NAME: \_\_\_\_\_ APPT DATE: \_\_\_\_\_

Presenting Symptoms \_\_\_\_\_

Daytime voiding (bladder emptying) frequency: (check one)

- 13 or more times per day
- 9-12 times per day
- 5-8 times per day
- 1-4 times per day

Night time voiding frequency: (check one)

- 4 or more times per night
- 2-3 times per night
- 1 time per night
- not awakened at night to void

Do you become aware of your bladder being full? (check one)

- yes
- no
- other (describe) \_\_\_\_\_

Can you delay emptying your bladder easily?  yes  no

If yes, how long? \_\_\_\_\_

If no, then check the reason below:

- because of pain
- for fear of leaking
- other (describe) \_\_\_\_\_

Check the response below that describes "how you start your flow"

- easy, no problem
- sometimes difficult
- wait less than one minute
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